### **BALLSTON SPA SWIM CLUB** HARVEST INVITATIONAL SATURDAY NOVEMBER 22, 2008 **BALLSTON SPA HIGH SCHOOL**

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD09-011 Kim Crounse, General Chairman

Host: BALLSTON SPA SWIM CLUB

Place: BALLSTON SPA HIGH SCHOOL 220 BALLSTON AVENUE BALLSTON SPA, NY 12020

> SHORT COURSE 25 YARD POOL, 6 LANES IST AUTOMATIC TIMER AND BEEPER SYSTEM

**Time:** Session 1: Morning Session Session 2: Afternoon Session Session 3: 11 & Over 500's Positive Check-in: 4:00

Warm-ups:	7:00	Meet Starts:	8:00
Warm-ups:	12:00	Meet Starts:	1:00
Warm-ups:	5:00 (approx)	Meet Starts:	5:30

rsmith48@nycap.rr.com

mtglogowski@nycap.rr.com

**Meet Directors:** Nancy Smith Matthew Glogowski Meet Marshall: Melanie DeGuardi Meet Referee: JoAnn Faucett Safety Officer: Matthew O'Toole

### Entry Rules:

The eligibility of a swimmer will be determined by his or her age on Saturday November 22<sup>nd</sup>, 2008. A swimmer may enter FIVE individual events per day. Rules from the current USA Swimming Technical Rules will be in effect. Entries must be submitted via email using Hv-Tek software and must be received by November 11, 2008, by 5:00PM to Julie Bablin at swordfish@nycap.rr.com. Adirondack Swimming does not accept NT (no time) Entries and these entries will not be imported to the meet. If the meet should be over subscribed, entries will be returned on a last in first back basis. The meet committee reserves the right to return entries whose inclusion would prolong the meet. The meet committee will limit the Mid-Session (500's) to 1 hour 10 minutes.

884-2955

859-0542

Entries must be emailed to Julie Bablin: swordfish@nycap.rr.com

Mail your hard copies and entry check, payable to Ballston Spa Swim Club, to:

Julie Bablin 4 Milton Heights Blvd. Ballston Spa, NY 12020

#### **USA Swimming Registration:**

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Adirondack Swimmers MUST be Registered with the AD Registrar by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. (Click Here for More Information) Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or registrar@adirondackswimming.org

#### Swimming Events:

THIS IS A PRE-SEEDED MEET. All events will be timed finals, except for the events in the Mid-Session (500's), which require positive check-in by 12:00. The open 500 yard freestyle will be swum starting with the fastest heat of girls, fastest heat of boys, then combined.

#### Scratches:

Swimmers in events 65 & 66 who do not positively check in by the deadlines will be scratched. Coaches - be sure your swimmers check-in.

#### Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

#### Special Attention Coaches and Swimmers:

#### We will be using Flyover Starts for this meet.

Please be familiar with this procedure and inform your swimmers prior to the meet

#### **Deck Entries:**

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets

2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries,

to UN-AD (unattached, Adirondack) ONLY at a fee of \$102.

#### DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.

4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

#### Timers:

Clubs will be required to provide timers based upon their number of entries. Lane assignments will be posted at the pool and in the program as well as on the Ballston Spa Swordfish website (<u>www.ballstonspaswimclub.net</u>). Swimmers must provide their own timers AND their own lap counters for the 500's.

#### **Meet Policy:**

Parents and coaches should see that swimmers behave in an orderly manor and dispose of and clean their area of any and all trash. Anyone found in an unauthorized area or damaging any facility property will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members.

No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

#### No parents (except timers) are allowed on deck.

#### Services:

Food will be on sale throughout the meet. No food or drink is to be consumed in the pool area. A meet program will be available which will cover all sessions. A swimming equipment vendor will be selling equipment during the meet. Smoking is NOT permitted in the school grounds. Parents, coaches and swimmers are not to bring glass containers of any kind into the pool area.

#### **Disabled Athletes:**

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

#### **Entry Fees:**

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.50 per individual event (this includes the \$.50 travel fund surcharge), and \$6.00 per relay (including the \$1.00 travel fund surcharge). There is also a \$1 per swimmer surcharge.

All Adirondack Meet Entries are required to be submitted using Hy-Tek Team Manager or Meet Manager Software.

Entries must be emailed to Julie Bablin at <a href="mailto:swordfish@nycap.rr.com">swordfish@nycap.rr.com</a>

#### NO ENTRIES WILL BE ACCEPTED WITHOUT THE REQUIRED FEES.

Mail your hard copies and entry check, payable to "Ballston Spa Swim Club", to;

Julie Bablin 4 Milton Heights Blvd. Ballston Spa, NY 12020

\*\*\*To save mailing costs and avoid damage, Entries may be emailed and will be entered to the meet upon receipt of your check\*\*\*

#### Awards:

Medals will be awarded for 1st-6th place in individual events and 1st place in relay events. Ribbons will be awarded for 7th-12th place in individual events and 2nd-6th in relays. Heat ribbons will be awarded for individual events.

#### Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

#### If you have any questions please contact Nancy Smith at 884-2955 or Matt Glogowski at 859-0542

### **Harvest Invitational**

Ballston Spa Swim Club Saturday November 22, 2008 Ballston Spa High School

### MORNING SESSION: WARM-UPS 7:00AM ... SESSION BEGINS 8:00AM

GIRLS	AGE GROUP	EVENT	BOYS
EVENTS		DESCRIPTION	EVENTS
1	9-10	100 Freestyle	2
3	8&Under	100 IM	4
5	9-10	100 IM	6
7	8&Under	25 Backstroke	8
9	9-10	50 Backstroke	10
11	8&Under	25 Freestyle	12
13	9-10	50 Freestyle	14
15	8&Under	25 Butterfly	16
17	9-10	50 Butterfly	18
19	8&Under	25 Breaststroke	20
21	9-10	50 Breaststroke	22
23	8&Under	50 Backstroke	24
25	9-10	100 Backstroke	26
27	8&Under	50 Freestyle	28
29	9-10	100 Breaststroke	30
31	10&Under	200 Freestyle Relay	32

#### AFTERNOON SESSION: WARM-UPS 12:00PM ... SESSION BEGINS 1:00PM

GIRLS	AGE GROUP	EVENT	BOYS
EVENTS		DESCRIPTION	EVENTS
33	11-12	200 Freestyle	34
35	13&Over	200 Freestyle	36
37	11-12	100 IM	38
39	Open	200 IM	40
41	11-12	50 Backstroke	42
43	Open	100 Backstroke	44
45	11-12	50 Freestyle	46
47	13&Over	50 Freestyle	48
49	11-12	50 Butterfly	50
51	Open	100 Butterfly	52
53	11-12	50 Breaststroke	54
55	Open	100 Breaststroke	56
57	11-12	100 Freestyle	58
59	13&Over	100 Freestyle	60
61	11-12	200 Freestyle Relay	62
63	13&Over	200 Freestyle Relay	64

500's SESSION: WARM-UPS Approximately 5:00PM ...SESSION BEGINS 5:30PM \*\*\*Positive Check in by 4:00pm\*\*\*

GIRLS	AGE GROUP	EVENT	BOYS
EVENTS		DESCRIPTION	EVENTS
65	Open	500 Freestyle	66

\$3.50 per individual event + \$1.00 per swimmer surcharge Swimmers May Swim a Maximum of 5 Individual Events plus Relays

# **BALLSTON SPA SWIM CLUB**

ENTRY FEE CALCULATION SHEET HARVEST INVITATIONAL, NOVEMBER 22<sup>nd</sup>, 2008

## MEET TEAM NAME CONTACT PERSON PHONE NUMBER E-Mail ADDRESS

Number of Individual Entries	X \$3.50 = \$
Number Swimmers	X \$1.00 = \$
Number Relays	X \$6.00 = \$
Total Entry Fee Due	\$

Total Amount Due and Enclosed .....

MAKE CHECKS PAYABLE TO BALLSTON SPA SWIM CLUB

This form must be returned with Check and Hard Copy of Entries

### Entries will be posted to the meet program upon RECEIPT OF CHECK ONLY

BALLSTON SPA SWIM CLUB assumes no responsibility for meet close-out due to late entries

# ENTRY DEADLINE: Tuesday November 11, 2008 By 5:00pm

Mail Entries, Entry Report, This Form and Check to: Julie Bablin, 4 Milton Heights Blvd., Ballston Spa, NY 12020 \*Entries May be sent via E-mail to: <u>swordfish@nycap.rr.com</u> \*Your Team Check Must be received to have entries added to the meet.